



# 2019 Zing Zang Phillips Chain of Lakes Triathlon Entry Form

Please indicate which race you would like to enter by choosing from the following:

Short Course – Individual Entry ⇒ \$40 / \$50 after Jan 31 / \$60 after Jun 20

Short Course – Relay Entry ⇒ \$75 / \$90 after Jan 31 / \$120 after Jun 20

*Please note that all members of a team must complete a separate entry form.*

**Registration fees include water bottle or official t-shirt (before June 20<sup>th</sup>), catered lunch, and other packet items. Registrations after June 20<sup>th</sup> will receive a water bottle.**

Team Name (if applicable):			
Team Captain (if applicable):			
First Name:		Last Name:	
Address:		City:	State:
Zip:	Phone #:	Email:	
Date of Birth: ___/___/___	Age on Race Day:	Sex: M F	Shirt Size: S M L XL XXL
<i>Please note that all members of a team must complete a separate entry form.</i>			
I prefer a: <input type="checkbox"/> T-Shirt <input type="checkbox"/> Water Bottle *** (All registrations after June 20 <sup>th</sup> receive a water bottle)***			
Emergency Contact Name:			
Emergency Contact Phone #:			
Wave Request:			
I am a Student at: <input type="checkbox"/> Prentice <input type="checkbox"/> Chequamegon <input type="checkbox"/> Phillips <input type="checkbox"/> None of the Above			

### ACCIDENT WAIVER AND RELEASE OF LIABILITY

I acknowledge that the Zing Zang Phillips Chain of Lakes Triathlon is an extreme test of a person's physical and mental limit and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, participants, spectators, volunteers, coaches, event officials, event monitors, and/or producers of the event, and lack of hydration. I hereby assume all the risks for participating in this event. I certify that I am physically fit, have sufficiently trained for participation in the Zing Zang Phillips Chain of Lakes Triathlon, and have not been advised otherwise by a qualified medical person. I acknowledge that this Accident Waiver and Release of Liability (AWRL) will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and the responsibilities at said event. In consideration of my application and permitting me to participate in the Zing Zang Phillips Chain of Lakes Triathlon, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSON(S): City of Phillips, Price County, Superior Timing, Westwood Golf Course, School District of Phillips, Emergency Medical Services, Sponsors, their directors, officers, employees, volunteers, representatives and agents, the event holders, event sponsors, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or person(s) mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result or my actions during the Zing Zang Phillips Chain of Lakes Triathlon. I hereby consent to receive medical treatment, which may be deemed advisable in the event of an injury, accident, and/or illness during the event. This AWRL shall be construed broadly to provide release and waiver to the maximum extent permissible under the applicable law. If the race is cancelled due to poor weather, all participants will receive a 50% credit toward a 2019 race entry. **I hereby certify that I have read this document and I understand its content.** Race Rules will be provided at the event.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Signature Date

\_\_\_\_\_  
\*Parent/Guardian Signature if Under 18

Print and mail this form with payment to:  
**Phillips Chain of Lakes Triathlon**  
**PO Box 224**  
**Phillips, WI 54555**  
Make checks payable to:  
**Phillips Chain of Lakes Triathlon**